



## 5000 Medium Scramblex Puzzles to Improve Your IQ

By Kalman Toth M. A. M. Phil.

Paperback. Book Condition: New. Paperback. 262 pages. As indicated on the cover, this book contains five thousand medium - including long, grade school level spelling words - Scramblex puzzles. Medium and easy Scramblex puzzle books are also available. Scramblex puzzles are unscrambling word games. All the letters in a word are given, but out of order in ABC sorting. The goal is to unscramble the letters and find the hidden word. Each Scramblex in this book contains five to ten letters. There are twenty puzzles on each page with the answers in reverse order at the bottom of the page. Overall Benefits of Solving Word Puzzles Improved Effective IQ The title indicates that these Scramblex puzzles are designed To Improve Your IQ. Intelligence Quotient - IQ - is a scientific assessment of your intelligence. Your IQ is determined by measuring your problem solving abilities, memory, general knowledge, and spatial imagery. The average God-given IQ of an adult is 150. It cannot be increased by medical science, because of the microbiology of the brain. It can, however, be improved. The average effective (day-to-day) IQ is only 100-110, mostly due to neglect - lack of brain exercises. Therefore, if you exercise your brain, you...



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### Reviews

*Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Otis Wisoky**

*This publication is great. It is full of wisdom and knowledge You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).*

-- **Dr. Everett Dicki DDS**