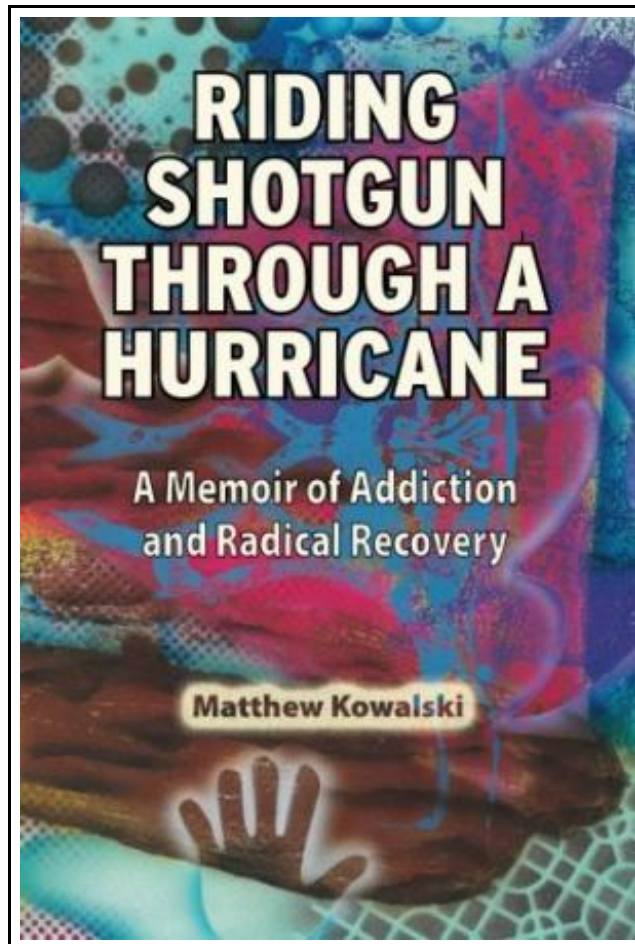


## Riding Shotgun Through a Hurricane: A Memoir of Addiction and Radical Recovery



Filesize: 4.76 MB

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*(Claire Bartell)*

## RIDING SHOTGUN THROUGH A HURRICANE: A MEMOIR OF ADDICTION AND RADICAL RECOVERY



Radical Relief. Paperback. Book Condition: New. Paperback. 338 pages. Dimensions: 9.2in. x 7.3in. x 2.2in. About the book: *Riding Shotgun Through a Hurricane: A Memoir of Addiction and Radical Recovery* chronicles Matthew Kowalski's journey from gifted child to homeless meth addict. Raised in a chaotic environment of generational abuse, he ran away at age 15 and spent the next 27 years lost in coast-to-coast madness fueled by drugs, alcohol, sex and mental illness. How does a smart, charismatic kid go from Freshman Class President to starving, shivering runaway; from British boarding school to San Francisco squats; from musical prodigy to homeless junkie? Just when his odds of survival were at their lowest long after some assumed he was already dead, Kowalski made the radical decision at age 42 to get clean and sober for the first time in his life. A wild ride of a read! *Riding Shotgun* is heartbreaking, gut-wrenching, at times outrageously joyous adventure, yet honest to the bone. From the heart of Kansas, Matt Kowalski rides shotgun on the road to Morocco and back, only to land on the streets of San Francisco in his own global journey of destruction. Left barely standing at the door of hopelessness, Matt leads us to the other side, where few make it, and discovers a life of redemption, resurrection, hope and service to his own tribe. A must-read for anyone living in or finding their own path toward recovery, however that looks, including those of us privileged enough to walk with them on their own way home to Self. Jean A. Rhea, LMFT, Clinical Director, St. Vincent de Paul, San Francisco. *Riding Shotgun Through a Hurricane* is a gripping story of hopelessness and hope, of utter defeat and miraculous victory. This graphic memoir of a talented young man's descent into drug-fueled...



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