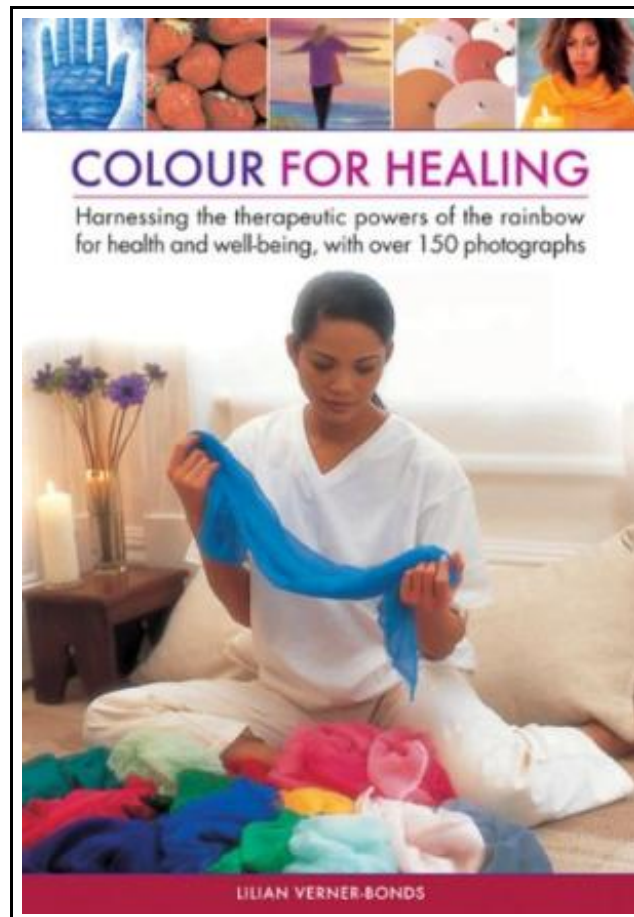


Colour for healing: Harnessing the Therapeutic Powers of the Rainbow for Health and Well-being, with Over 150 Photographs



Filesize: 2.36 MB

Reviews

This book is wonderful. it absolutely was writtern very completely and valuable. Your lifestyle period will be enhance once you full reading this article pdf.

(Alivia Hartmann)

COLOUR FOR HEALING: HARNESSING THE THERAPEUTIC POWERS OF THE RAINBOW FOR HEALTH AND WELL-BEING, WITH OVER 150 PHOTOGRAPHS

[DOWNLOAD](#)

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Colour for healing: Harnessing the Therapeutic Powers of the Rainbow for Health and Well-being, with Over 150 Photographs, Lilian Verner Bonds, This title deals with harnessing the therapeutic powers of the rainbow for health and well-being, with over 150 photographs. It explains the use of colour therapy for health and how to apply it to every aspect of your life, at work, at home, at play. It has special focus on the powers of the 13 fundamental colours of the spectrum and their shades, tones and tints and information on hidden colours. It includes clear instructions on how to apply each technique with a useful diagnostic guide to help you choose the colours you need quickly and efficiently. The power of colour has been recognized since ancient times, and can be used in many ways. It can subtly enhance the mood of a room so that it is restful or invigorating, or it may be applied directly onto the body to improve health and mood. A dose of sunshine-coloured light cures winter blues and blue light shined onto babies helps to cure neonatal jaundice. Healing with light and colour is one of the most gentle and easily applied forms of complementary therapies. If you are looking for an easy, effective and non-invasive therapy to improve your well-being, then this guide is the perfect start for you on your journey to health and happiness.



[Read Colour for healing: Harnessing the Therapeutic Powers of the Rainbow for Health and Well-being, with Over 150 Photographs Online](#)



[Download PDF Colour for healing: Harnessing the Therapeutic Powers of the Rainbow for Health and Well-being, with Over 150 Photographs](#)

Other Kindle Books



Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: (Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Getting Your FREE Bonus Download this book, read it to the end and...

[Download PDF »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Download PDF »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Download PDF »](#)



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

[Download PDF »](#)



Read Write Inc. Phonics: Blue Set 6 Non-Fiction 2 How to Make a Peach Treat

Oxford University Press, United Kingdom, 2016. Paperback. Book Condition: New. 205 x 74 mm. Language: N/A. Brand New Book. These decodable non-fiction books provide structured practice for children learning to read. Each set of books...

[Download PDF »](#)